



BREAKFAST

Until 12 Noon



Breakfast Roll

Linda McCartney vegan sausage, scrambled tofu on a granary roll

£7.00

Beans on Toast

Baked beans on granary
(Malted sourdough toast +50p)

£6.00

Porridge

Scottish porridge oats with oat milk, fresh seasonal berries & pumpkin seeds

£7.00

Sausage Sandwich

2 Linda McCartney vegan sausages on granary

£6.00

Homemade Pancakes

Triple stacked with maple syrup
Choose from seasonal berries
Or banana & cinnamon

£8.50

LUNCH

From 12 Noon

TOASTIES & CLUB SANDWICH

Club Sandwich

Quorn ham, vegan cheddar, tomato, guacamole, leaves, mustard & vgmayo

£10.00

Londoner Toastie

Vegan cheddar, Quorn ham, tomato & mild mustard on granary

£6.70

Cheese & Tomato Toastie

Vegan cheddar & vine ripened tomatoes

£6.00

BAKED POTATOES

Vegan Cheddar & Beans

With a garden salad & Vg dressing

£9.00

Three Bean Chilli

With a garden salad & Vg dressing

£10.00

SALADS & SANDWICH

Nutty Superfood Salad

Quinoa, couscous, edamame, olives, pomegranate, blueberries, tomatoes, walnuts & pumpkin seeds

£9.50

Vegan Ham & Avocado Salad

Quorn ham, avocado, tomatoes, Cucumber, red onion, pomegranate & pumpkin seeds (Gf)

£11.00

Cheese Salad Sandwich

Vegan cheddar, tomato chutney, tomatoes, red onion & mixed leaves on granary

£6.20

SIDES & ADD-ONS

Golden Veg Rice (Gf)

£3.50

Cajun Spiced Fries (Gf)

£4.00

Garden Salad (Gf)

£3.50

Vivo life Perform Plant Protein Shakes (Gf)

Sml £4.50 (26g protein) Reg £5.00 (35g protein) Lrg £5.50 (45g protein)

Blended with water (Almond, Coconut, Soya +30p, Oat +50p)

Banana & cinnamon, Vanilla, Raw cacao, Salted caramel, Strawberry & vanilla

SOMETHING SWEET ?

Carrot & Orange Cake

Super Dark Brownie

Maple Flapjack (Gf)

£4.25



Scan for
Allergy &
nutritional
information

**** Please order & pay at the counter ****

Inform your server of any allergies or intolerances before placing your order.
Not all Ingredients are listed on the menu and we cannot guarantee the total absence of allergens from our kitchen.